

# AMSERLEN AWST



DYDD  
LLUN

WYTHNOS 1

**2il**  
**10.00** - Sgiliau  
Radio

WYTHNOS 2

**9fed**  
**10.00** - Sgiliau  
Radio

WYTHNOS 3

**16eg**  
**10.00** - Sgiliau  
Radio

WYTHNOS 4

**23ain**  
**10.00** - Sgiliau  
Radio



DYDD  
MAWRTH

**3ydd**  
**10.30** - Clwb  
Cerdded  
Dolgellau

**10fed**  
**10.30** - Clwb  
Cerdded  
Ffestiniog

**17eg**  
**10.30** - Clwb  
Cerdded  
Dolgellau

**24ain**  
**10.30** - Clwb  
Cerdded  
Ffestiniog



DYDD  
MERCHER

**4ydd**  
**11.00** - Bingo  
a Sgwrs

**11eg**  
**11.00** - Bingo  
a Sgwrs

**18fed**  
**11.00** - Bingo  
a Sgwrs

**25ain**  
**11.00** - Bingo a  
Sgwrs



DYDD  
IAU

**5ed**  
**2.00** - Cwis  
**6.00** - Celf gyda  
Tesni

**12fed**  
**2.00** - Cwis  
**6.00** - Celf  
gyda Elen Celf

**19eg**  
**2.00** - Cwis  
**6.00** - Celf  
gyda Elen Celf

**26ain**  
**2.00** - Cwis  
**6.00** - Celf gyda  
Elen Celf

DYDD  
GWENER

**6ed**  
**2-3** - Pel-  
Droed

**13eg**  
**10-12** -  
Beicio  
**2-3** - Pel-  
droed

**20fed**  
**10-12** -  
Beicio  
**2-3** - Pel-  
droed

**27ain**  
**10-12** - Beicio  
**2-3** - Pel-droed  
**6.00** - Disgo  
gyda Gav





# AUGUST TIMETABLE



WEEK 1

WEEK 2

WEEK 3

WEEK 4

MONDAY

2nd

10.00 -

Radio Skills



9th

10.00 -

Radio Skills

16th

10.00 -

Radio Skills

23rd

10.00 -

Radio Skills



TUESDAY

3rd

10.30 -

Dolgellau walking group

10th

10.30 -

Ffestiniog walking group

17th

10.30 -

Dolgellau walking group

24th

10.30 -

Ffestiniog walking group

WEDNESDAY

4th

11.00 - Bingo & chat

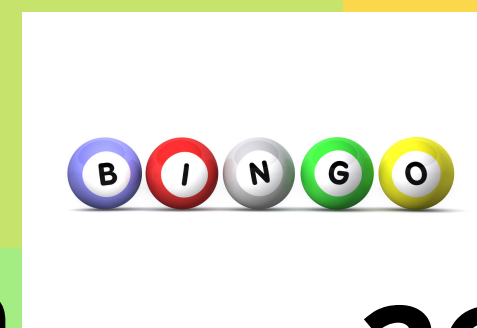


11th

11.00 - Bingo & chat

18th

11.00 - Bingo & chat



25th

11.00 - Bingo & chat

THURSDAY

5th

2.00 - Quiz

6.00 - Art with Tesni

12th

2.00 - Quiz

6.00 - Art with Elen Celf

19th

2.00 - Quiz

6.00 - Art with Elen Celf

26th

2.00 - Quiz

6.00 - Art with Elen Celf

FRIDAY

6th

2-3 -

Football



13th

10-12 - Cycling

2-3 - Football

20th

10-12 -

Cycling

2-3 - Football



27th

10-12 - Cycling

2-3 - Football

6.00 - Disco with Gav

