## **About us – Easy Read Version**



The Llwybrau Llesiant team organize groups to promote the wellbeing of adults with learning disabilities.



Wellbeing means that you are happy with your life and the things you choose to do.



The Llwybrau Llesiant team promote the wellbeing of adults with learning disabilities by working towards the things that are most important to them. For example finding a job or making friends.